



MEETING VENUE

BCRT

Charité Campus Virchow-Klinikum
Föhrer Str. 15 | 13353 Berlin | Entrance: Südstraße 2
phone: 030 450 624 168
<https://cfc.charite.de>

Parking

Entry Seestraße

Public transport

U9 Amrumer Straße | S41/42 Westhafen

Meeting organisation

Prof. Carmen Scheibenbogen,
Institute of Medical Immunology

Prof. Friedemann Paul,

ECRC and NeuroCure Clinical Research Center

Silvia Thiel, Charité Fatigue Center

For registration

E-mail: fatigue-centrum@charite.de

With support of
WEIDENHAMMER
ZÖBELE **STIFTUNG**

1st Meeting

on Chronic Fatigue in Immune-mediated disorders



Nov 21/22 2019
Charité Fatigue Center Berlin



TOPICS: Clinical presentation/Epidemiology | Diagnostic tools | Pathomechanism | Treatment

21. 11. 2019

13:00 Welcome and Introduction

Carmen Scheibenbogen: Charité Fatigue Center
Modra Murovska, Riga: EUROMENE Network

13:20 Opening lecture from Yehuda Shoenfeld,
Tel Aviv, St. Petersburg

Autoimmune dysautonomia – new entity

I. Clinical presentation/Epidemiology

Chairs: Modra Murovska, Friedemann Paul

14:00 **ME/CFS** (Luis Nacul, London, Vancouver)

14:20 **MS and Fatigue** (Iris Penner, Neurologie, Düsseldorf)

14:40 **Cancer related Fatigue** (Jens Ulrich Rüfer, Köln)

15:00 **Fatigue in Scleroderma/Sjögren Syndrome**
(Gabriela Riemekasten, Rheumatologie Lübeck)

15:20 **Mast-cell mediated diseases**
(Markus Maurer, Dermatologie, Charité)

Discussion with coffee

II. Diagnostic tools for assessing fatigue

Chairs: Eliana Lacerda, Ruud Vermeulen

16:40 **MRI in MS and correlation with fatigue**
(Carsten Finke, Neurologie, Charité)

17:00 **Endothelial dysfunction**
(Nadja Scherbakov, Stroke Center, Charité)

17:20 **Assessment of exercise capacity by CPET in patients with fatigue** (Thomas Thouet, Sport Medicine, Charité)

17:40 **Assessment of sleep disorders in patients with fatigue**
(Christian Veauthier, Sleep Medicine, Charité)

18:00 – 20:00 **Get together**

22. 11. 2019

III Pathomechanism of Fatigue

Chairs: Jose Alegre, Barcelona, Carmen Scheibenbogen

09:00 **ANS dysfunction** (Pawel Zalewski, Poland)

09:20 **Vascular dysfunction in CFS** (Klaus Wirth, Sanofi)

09:40 **Mitochondrial dysfunction** (Bhupesh Prusty, Würzburg)

10:00 **Microbiome** (Sofia Forslund, MDC Berlin)

10:20 – 11:00 **Poster viewing with coffee**

11:00 **Postinfectious/EBV fatigue**
(Uta Behrends, Pädiatrie, München)

11:20 **Autoantibodies against CNS receptors**
(Harald Prüss, Neurologie, Charité)

11:40 **Endocrine Fatigue**
(Joachim Spranger, Endocrinology, Charité)

12:00 **Muscle fatigue in heart failure**
(Wolfram Döhner, Stroke Center, Charité)

12:20 – 13:20 **Poster viewing with lunch**

IV. Treatment of Fatigue

Chairs: Gabi Riemekasten, Lübeck, Olav Mella, Bergen

13:20 **Cognitive Behavioural therapy**
(Rose, Psychosomatik, Charité)

13:40 **Exercise therapy in Cancer related fatigue**
(Bernd Wolfarth, Sportmedizin, Charité)

14:00 **Immunomodulatory treatment of ME/CFS**
(Oystein Fluge, Oncology, Bergen, Norway)

14:30 **Novel concepts in MS treatment**
(Friedemann Paul, Neurologie, Charité)

15:00 **Poster prizes and Farewell**